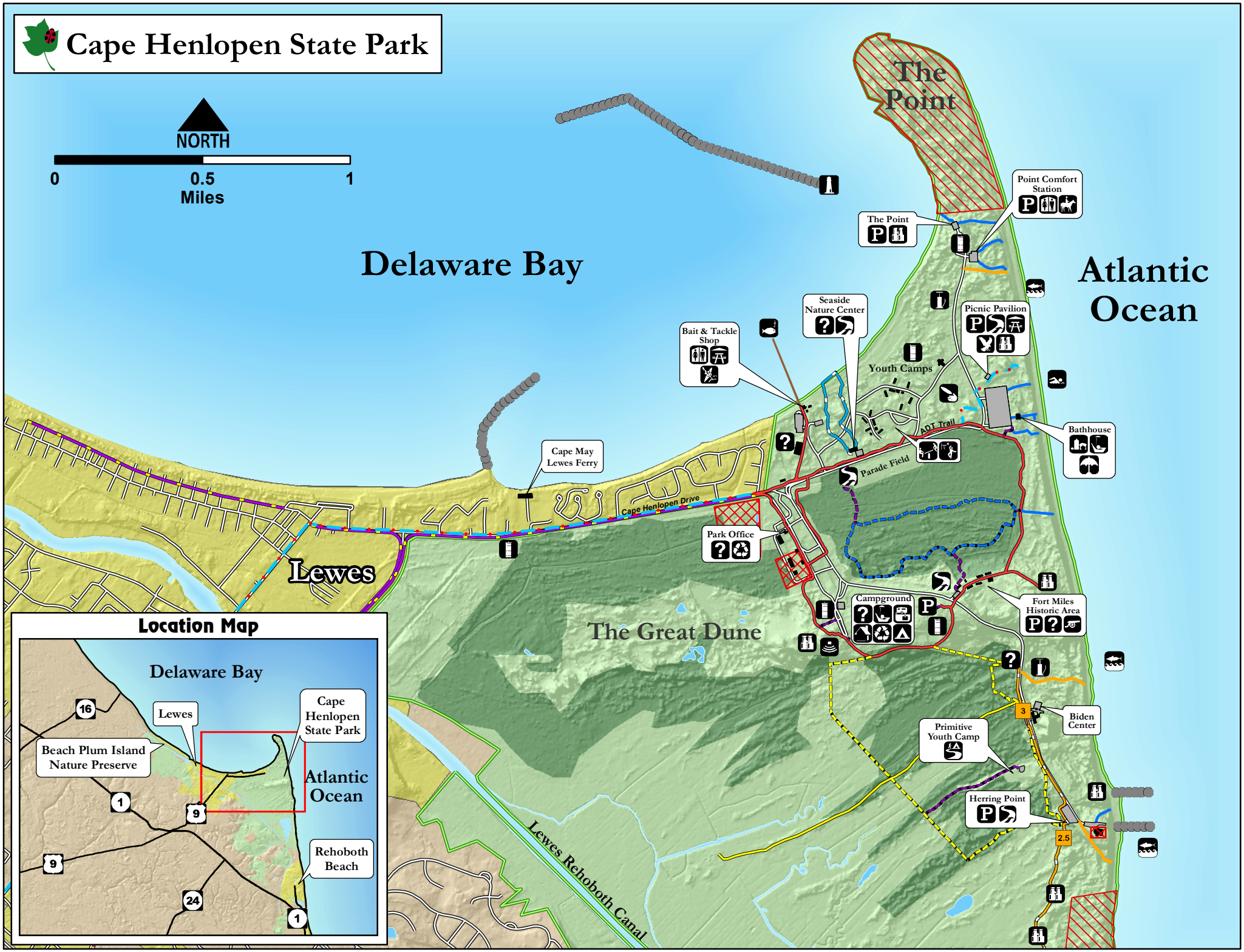
Cape Henlopen State Park
NORTH
0
0.5
Miles
1
The Point
Delaware Bay
Atlantic Ocean
Point Comfort Station
The Point
Seaside Nature Center
Picnic Pavilion
Bait & Tackle Shop
Youth Camps
ADT Trail
Bathhouse
Cape May Lewes Ferry
Parade Field
Cape Henlopen Drive
Park Office
Lewes
Campground
Fort Miles Historic Area
The Great Dune
Biden Center
Primitive Youth Camp
Herring Point
Lewes Rehoboth Canal
Location Map
Delaware Bay
Lewes
Cape Henlopen State Park
Beach Plum Island Nature Preserve
Atlantic Ocean
Rehoboth Beach
16
1
9
9
24
1
3
2.5

Cape Henlopen State Park

Legend

- State Park Land
- Wooded Park Land
- Water
- Restricted Area
- Seasonal Closure (March 1 to Sept 1)
- Parking Area
- Building
- Municipalities
- Roads
- Jetties
- Mile Markers
- Parking
- Information
- Restrooms
- Shower/Bath House
- Food Concession
- Picnic Pavilion
- Recycling
- Dump Station
- Tent Camping
- Primitive Youth Camp
- Cabins
- Amphitheater
- Air Pumping Station
- Surf Fishing
- Fishing Pier
- Observation Tower
- Kayak Rental
- Umbrella Rental
- Swimming Area (Guarded Beach)
- Trail Head
- Playground
- Disk Golf
- Basketball Courts
- Scenic Overlook
- WWII Artillery Site
- Hawk Watch
- Horseback Riding (Seasonal)
- Lighthouse

Contact Information

15099 Cape Henlopen Dr., Lewes, DE 19958
Park Office: (302) 645-8983
Campground Office: (302) 645-2103 Nature Center: (302) 645-6852
Campground Reservations: 1-877-98-PARKS
www.destateparks.com

Department of Natural Resources and Environmental Control
Division of Parks and Recreation

Trails and Permitted Uses

- Bike Loop (3.3mi.)
- Pinelands Nature Trail (1.5mi.)
- Seaside Nature Trail (0.7mi.)
- Salt Marsh Spur (1.2mi.)
- Walking Dunes Trail (2.6mi.)
- Gordons Pond Trail (3.2mi.)
- American Discovery Trail (ADT)
- Share the Road
- Connector Trail
- Pedestrian Beach Crossing
- Beach Vehicle Crossing

June 2014

Trail Descriptions

Bike Loop

Trail Width	Surface Type	Trail Grade	Accessible
Avg 10 Feet Min 6 Feet	Asphalt	Avg 1% Max 15%	- Yes

Linking the park office, nature center, campground, beach bathhouse, observation tower, and Fort Miles Historic Area, the Bike Loop provides a full experience of the park. Visitors can also explore one of the side trails leading to the fishing pier and kayak rental, or check out the dune overlook - resting atop a former military bunker.

Pinelands Nature Trail

Trail Width	Surface Type	Trail Grade	Accessible
Avg 4 Feet Min 3 Feet	Sand	Avg 1% Max 6%	- No

This 1.5 mile long loop trail meanders through coastal upland pine forest over packed and loose sand. Nature enthusiasts will discover four species of pine trees including loblolly, Virginia, pitch, and black pine while passing cranberry bogs along the way. Visitors will also see old artillery bunkers built during World War II in an area once traversed by rails used to re-supply Fort Miles. Designated in 1981, the Pinelands Trail has the unique distinction of being Delaware's first National Recreation Trail.

Seaside Nature Trail

Trail Width	Surface Type	Trail Grade	Accessible
Avg 9 Feet Min 8 Feet	Loose Sand	Avg 1% Max 2%	- No

This flat, loose sandy surface trail offers a glimpse of a coastal pine forest and views of the Delaware Bay, Inner Breakwater, fishing pier, and the Henlopen Lighthouse.

Walking Dunes Trail

Trail Width	Surface Type	Trail Grade	Accessible
Avg 7 Feet Min 6 Feet	Crushed Stone	Avg 2% Max 14%	- No

The trail passes through wooded uplands and traverses tidal marsh before terminating at The Great Dune. In late spring, look for blooming Pink Lady's-slipper along the trail and for Beach heather, with its abundant tiny yellow flowers growing on the Great Dune. Nature enthusiasts will also enjoy views of the tidal marsh and the many birding opportunities.